

# Explore the heart of Norway

Explore Norway – the hills, mountains, lakes, and fjords. The heart of Norway offers a set of roundtrip proposals for tour operators in group and FIT market.

Get inspired by our roundtrip ideas!

[View roundtrips for groups](#)

[View roundtrips for individuals](#)



## EL CORAZÓN DE NORUEGA Newsletter no. 9

*The Heart of Norway is a network of companies working together with the goal to get more international guests to the region. To reach this goal one of the instruments is developing and presenting a set of proposals for new roundtrips with an extended stay in the heart of Norway.*

*The region stretches from Hamar in the south to Trondheim in the north and westwards to Åndalsnes and Skjåk. Most of the area is known as the Inland of Norway.*

*Maybe we finally can stop just dreaming and start visiting?*



### # 1 SOCIAL MEDIA



Follow IN THE HEART OF NORWAY on social media for the latest news and get an insight to the exciting activities and attractions in the heart of Norway. Our unique places to stay and eateries are ready for our visitors.

FACEBOOK <https://www.facebook.com/intheheartofnorway/>

INSTAGRAM <https://www.instagram.com/intheheartofnorway/>

You can also visit our website for more information about the companies and our suggestions for itineraries.

[www.intheheartofnorway.no](http://www.intheheartofnorway.no)

### # 2 WE'LL MEET AT NORWEGIAN TRAVEL WORKSHOP DIGITAL 2020



We are available at the NTW digital 2020. Please contact us for a digital meeting. We are registered as "IN THE HEART OF NORWAY" and have two delegates present. The delegates are Bjørnar Bråthen and Ingunn Strand. Are you interested in what we have to offer? Ask for a meeting with one of them or send them a

message in the NTW digital portal.

### #3 DOMKIRKEODDEN IN HAMAR



*Lapidarium Hamarensis* is a newly created and highly interesting exhibition displaying different kinds of neatly carved stones from the cathedral and bishop's residence. The exhibition has found its natural place in the ruins of the south wing of the Medieval bishop's residence and can be visited during ordinary opening hours of the museum. Through simple yet efficient ways of display the old stones are brought to life and tell us something about life in Hamar village in the Middle Ages.



Photo: Anno Domkirkeoddens Archives

The museum building Storhamarlåven is a world known piece of architecture by Sverre Fehn. His transformation of an old barn into a modern museum in the 1970s was a great pioneer work, and even 40-50 years later architects from all over the world travel here to experience how raw materials like laminated wood, concrete, steel and glass work amongst medieval ruins creating an impressive experience to all who enter the museum.

We are now waiting for our new publication about this work to be published, and there is a rather huge photo exhibition on the top floor of the auditorium showing the actual works of transformation. In 2021 we are hoping to share

both the book and the exhibition with the rest of the world.

### #4 ATLUNGSTAD



Atlungstad Distillery has had a fantastic summer, despite the COVID-19 situation. We restore our oldest buildings before next summer and will then have "brand new" restored rooms for meetings and gatherings in these historic premises.

[We share a link \(unfortunately only in Norwegian\) with news that makes us proud.](#) This summer the aquavit "Atlungstad Mandelpotet" (produced by Atlungstad Håndverksdestilleri) received a silver medal in the International Wine and Spirit Competition (IWSC) in London. The jury at IWSC says the following

about the product: «Delicate, floral nose opens to off-dry mouth characterised by vanilla with subtly integrated herbs and spices for clean, balanced, classic style».

### #5 PILGRIMAGE AND OUR HISTORY



Get inspired to walk the pilgrimage path towards Trondheim. Here from Fåvang/ Gudbrandsdalen. Last summer we opened the new point of interest at Dale- Gudbrands gard. It presents the thrilling story of this historic place by using audio guide for smartphones. Welcome to Dale-Gudbrands Gard and the pilgrimage centre for an insight into our history. Read more about the pilgrimage walk through Gudbrandsdalen [here](#).

We have received a lot of media attention this summer in Norway. In September we open a new attraction on the trail, located between Fåvang and Ringebru, **a place of thought**. The places of thought should be places that invite reflection and contemplation, where you can enjoy the view, exchange thoughts with other road users or just enjoy the quietness and the company of your own thoughts.

### #6 IN ANOTHER WORLD - THE OLD MINE (GAMMELGRUVA)



Join us on a trip underground and experience the construction work that is found in the mountain at Løkken Verk. You enter the mines and large rooms. When you enter the Old Mine and until you come out again you feel like you are in a completely different world. You walk in tight corridors and large rock halls, where you have mountains all around you. This old mine (Gammelgruva) is said to be Norway's most colorful mine.

To book a guided tour in this mine - check out [www.oi.no](http://www.oi.no). We also do lunches inside the mine, for groups that book prior to their visit. Please contact [john.arnt.holmen@oi.no](mailto:john.arnt.holmen@oi.no)

## #7 THE THAMSHAVN RAILWAY - THE HISTORIC TRAINRIDE THAT TAKES YOU BACK TO 1908



Thamshavn Railway was built to transport the ore from the Løkken mine down to Thamshavn for shipping elsewhere. When the railway was opened in 1908, it was Norway's first electric railway. Today, Thamshavn Railway is the world's oldest railway running on alternating current. Thamshavn Railway provided passenger transport from the outset, and passenger trains ran until 1963, after which passengers were transported by bus. In 1974, production in the mines Løkken was reorganized and as a result there was less need for rail transport and the ore trains stopped running.



On 10 July 1983, 75 years to the day after the opening of Thamshavn Railway, the first museum train entered service. Today, visitors can travel by train between Løkken Verk and Bårdshaug, in the same carriages as used in 1908. It is also possible to book seats in the King's Carriage, which also dates from 1908. During the journeys, either light refreshments or three-course meals can be enjoyed in the restaurant carriage.

To book you're the ride for next year, contact [john.arnt.holmen@oi.no](mailto:john.arnt.holmen@oi.no)

## #8 THON HOTEL SURNADAL - YOUR CHOICE BETWEEN TRONDHEIM AND KRISTIANSUND



The best way to start the day is having a good breakfast! At our breakfast buffet you get a selection of homemade specialities such as marmalade and "sveler". We do our uttermost to give you the best start as you deserve! Our kitchen provides seasonal menus with tasteful local experiences. It is important to us to use local food suppliers as much as possible.

Thon Hotel Surnadal is situated between Trondheim and Kristiansund, at the gateway to the mountain area Trollheimen. For booking or enquiries, please contact [surnadal.resepsjon@olavthon.no](mailto:surnadal.resepsjon@olavthon.no). Read more: [www.thonhotels.no/surnadal](http://www.thonhotels.no/surnadal).

## #9 PREPARING FOR THE 1000TH ANNIVERSARY OF THE START OF THE CHRISTIANIZATION OF NORWAY



Dale-Gudbrands Gard. Photo: Ian Brodie

Dale-Gudbrands Gard and Pilgrim centre Dale-Gudbrand is preparing for the 1000<sup>th</sup> anniversary of the start of the Christianisation of Norway. Along with other national players the project "Norway in 1000 years" focuses on this part of the Norwegian history. There will be events and exhibition from 2021 to 2030 in different parts of Norway, ending with the 1000<sup>th</sup> anniversary of the Battle of Stiklestad.

At Dale-Gudbrands Gard we are preparing an exhibition that will be ready for this anniversary. See [www.dale-gudbrandsgard.no](http://www.dale-gudbrandsgard.no) for news.

## #10 HEADING FOR GEIRANGER? SKEID KRO IS YOUR CHOICE TO STOP FOR A MEAL



"When guests arrive, only the best is good enough" Food traditions in Skjåk are generous, as are the people living here. We like to take good care of our guest, also when it comes to the food we bring to the table. We are fortunate and are provided with a rich pantry by nature. For us, quality is not a requirement, but an inherited part of our culture.

Heading west to Geiranger or east to Lillehammer and Hamar? We are happy to serve you lunch or dinner. For group prices and bookings, please contact us at [post@skeidkro.no](mailto:post@skeidkro.no).

Read more [www.intheheartofnorway.no](http://www.intheheartofnorway.no)